

# FOUR MINUTES

Count : 64

Wall : 2

Level : Improver

Choreographer : Hayley Wheatley (UK) & Grégory Danvoie (B) – March 2020

Music : 4 minutes – Chad Cooke Band



## 1. Side step, Behind, Shuffle forward with ¼ turn, Step forward, Pivot ½ turn, Shuffle back with ½ turn

1-2 RF step to the side, LF cross behind RF  
3&4 RF shuffle forward with ¼ turn to the R  
5-6 LF step forward, pivot ½ turn to the R  
7&8 LF shuffle back with ½ turn to the L

## 2. Step back X2, Coaster cross, Side rock, recover, Cross shuffle

1-2 RF step back, LF step back  
3&4 RF coaster cross  
5-6 LF side rock, recover  
7&8 LF cross shuffle

## 3. 8 figure

1-2 RF step to the side, LF cross behind RF  
3-4 RF step forward with ¼ turn to the R, LF step forward  
5-6 Pivot ½ turn to the R, LF step to the side with ¼ turn the R  
7-8 RF cross behind LF, LF step to the side

## 4. Cross rock, recover, side chasse, Cross rock, Recover, Shuffle with ¼ turn

1-2 RF cross rock, recover  
3&4 RF side chasse  
5-6 LF cross rock, recover  
7&8 LF side chasse with ¼ turn to the L

## 5. Step forward, Touch, Shuffle ½ turn X2, Sway with ¼ turn, Recover

1-2 RF step forward, LF touch next to RF  
3&4 LF shuffle forward with ½ turn to the L  
5&6 RF shuffle back with ½ turn to the L  
7-8 LF sway to the L with ¼ turn to the L, recover

**6. Weave with ¼ turn, Cross, Step back with ¼ turn, Side chasse**

1-2 LF cross in front of RF, RF step to the side  
3-4 LF cross behind RF, RF step forward with ¼ turn to the R  
5-6 LF cross in front of RF, RF step back with ¼ turn to the L  
7&8 LF side chasse

**7. Rock forward, recover, Step back, Together, Shuffle forward, Step forward, Pivot ½ turn**

1-2 RF rock forward, recover  
3-4 RF step back, LF step next to RF  
5&6 RF shuffle forward  
7-8 LF step forward, pivot ½ turn to the R

**8. Step forward, Pivot ¼ turn, Cross rock, Recover, Side rock, Recover, Behind, Side, Cross**

1-2 LF step forward, pivot ¼ turn to the R  
3-4 LF cross rock, recover  
5-6 LF side rock, recover  
7&8 LF cross behind RF, RF step to the side, LF cross in front of RF

**TAG :**

**1-2 RF side rock, recover**

**3-4 RF back rock, recover**

**At wall 2 and 6 after the 2<sup>nd</sup> section : TAG & RESTART the dance**

**At wall 4 after the 6<sup>th</sup> section : TAG & RESTART the dance**