

MJ Bad

Music: Bad By Michael Jackson
Choreographer: Sobrielo Philip Gene (Soul Dancer Singapore)
Description: 4 wall intermediate
Intro: 32 c
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&1-8 STEP CROSS KICK, CROSS ROCK STEP, KNEE POP, TRIPLE TURN

- &1-2 Step left beside right (&), cross right over left (bend knees) (1), Kick left to left (2)
(Straighten knees)
3&4 Rock left over right (3), recover weight onto right (&), step left to left (4)
5-6 Pop right knee in (5), pop left knee in right back to center (6)
7&8 ¼ left step left forward (7), 1/2 left step right back (&), step left ¼ to left (8) (12:00)

9-16 ROCK BACK SLIDE BEHIND SIDE CROSS TOE SWITCHES

- 1&2 Rock right behind left (1), recover weight onto left (&), long step right to right sliding left
towards right (2)
3&4 Step left behind right (3), step right to right (&), cross left over right (4)
5&6& Point right to right (5), step left beside left (&), point left to left (6) step left beside left (&)
7&8& Point right to right (7), step left beside left (&), point left to left (8) step left beside left (&)
Note: On counts 6 and 8 pop shoulders forward

17-24 KICK BALL STEP, OUT OUT, BALL CROSS, KNEE POP, BALL TOUCH SNAP

- 1&2 Kick right forward (1), step right beside left (&), step left forward (2)
3-4 Step right forward to right (3), step left forward to left (4) (feet apart)
&5 Step right beside left (&) cross left over right (5)
&6 Pop both Knees out (&), bring both knee back (6) (Easy option heel bounce)
&7-8 Step right to right (&), Touch left behind right (7), Snap right fingers down to right side (8)

25-32 BALL TOUCH, BALL TOUCH, BALL SCUFF STEP, SAILOR STEP, HOLD BALL STEP

- &1 Step left to left (&), touch right beside left (1)
&2 Step right to right (&), Touch left beside right (2)
&3-4 Step left to left (&), scuff right beside left (3), step right forward (4),
Note: On count 4 use right index finger and point front
5&6 Rock left behind right (5), step right slightly right (&), step left to left (6),
Note: On count 6 bring right hand down to right side with palm facing down
7&8 Hold (7), step right beside left (&) step left to left (8)

33-40 CROSS ROCK CROSS SHUFFLE, DIGONAL TOGETHER HEEL BOUNCE CROSS 1/4 BACK POP

- 1-2& Cross rock right over left (1), recover weight onto left (2), Step right to right (&),
3&4 Cross left over right (3), step right to right (&) cross left over right (4)
&5 Step right to right facing diagonally left (&), step left beside right (5) (4:30)
&6 Bring heels up (&), bring heel down (6),
Note On counts &5-&6: Bring both hands up and over the head elbows facing out and fists clench
7&8 Cross right over left (7), 3/8 turn right step left back (&), step right back and pop left knee up(8) (3:00)

41-48 STEP LOCK, FORWARD LOCK STEP, PIVOT 1/2, KICK BALL POINT

- 1-2 Step left forward (1), lock right behind left while hitching right (2)
3&4 Step left forward (3), lock right behind left (&), Step left forward (4) (3:00)
5&6 Step right forward (5), ½ turn left (6) (9.00)
7&8 Kick right forward (7), step right to right (&), point left to left (8)
Note: Place left hand on your belt buckle, Right to the right side (just like what MJ Would do)