

EH... MACARENA

Counts: 80

Wall:1

Level: Phrased Intermediate

Choreographer: Rebecca Lee (Malaysia)

Music: Macarena by Mario Bischin

Sequence: AA(TAG)BCD,AA(TAG)BCD, B

Intro: 80counts (approx. 0.39)

Part A

Step Lock Step, Hitch, Step Lock, Step Hitch

1,2 Step R diagonal L, Lock L behind R

3,4 Step R diagonal forward, Hitch L diagonal L (while rotating to R diagonal)

5,6 Step L diagonal R, Step R behind L

7,8 Step L diagonal forward, Hitch R diagonal R (while rotating to L diagonal)

Cross, ½ turn Monterey, Weave L, Touch

1,2 Cross R over L, Touch L to L

3,4 ½ turn L and step L beside R, Touch R to R

5,6 Cross R over L, Step L to L

7,8 Step R behind L, Touch L to L

Step, Touch, Step Back, Touch, Sweep, Jazz Box

1,2 Step L Diagonal R forward, Touch R diagonal forward

3,4 Step R diagonal back, Touch L diagonal back

5,6 Step L forward, Sweep R from back to front

7&8 Cross R over L, Step L to L, Step R to R

Mambo Left, ½ turn Pivot, Side Touch

1&2 Rock L forward, recover R, Step L beside R

3,4 Step R forward, ½ turn L

5,6, Touch R to R, Hold

7,8 Slowly drag R next to L

TAG : 4counts (free movement on the spot)

Hip Sway R,L,R,L OR Body Shimmy

PART B (MACARENA)

1,2, Pop R knee forward, Pop L Knee forward

3,4 Pop L knee forward, Pop R knee forward

(Put both hand out forward, palm facing up, twirl it in and place it behind the neck, bring it down to the waist and cross it L over R, Bring R to R hip, L to L hip.)

5,6 Step R to R, Step L beside R

7&8 Twist R, Twist L, $\frac{1}{4}$ turn L Twist R

9,10 Pop R knee forward, Pop L knee forward

11,12 Pop L knee forward, Pop R knee forward

(Put both hand out forward, palm facing up, twirl it in and place it behind the neck, bring it down to the waist and cross it R over L, Bring R to R hip, L to L hip.)

13,14 Step R to R, Hip Roll L to R

15,16 Step R forward, Paddle $\frac{1}{4}$ turn L

PART C

1,2 Step R diagonal R, Step L beside R

3,4 Twist R x2

5,6 Step L diagonal L, Step R beside L

7,8 Twist L x2

9,10 Step R to R, Step L to L

11&12 Twist R&R

13,14 Step R forward, $\frac{1}{2}$ turn L

15,16 $\frac{1}{2}$ turn L step R back, $\frac{1}{2}$ turn L step L forward

(Repeat Count 1-16)

PART D

1,2 Cross R over L, Step L to L,

3&4 Cross R over L, Step L to L, Cross R over L

5,6 $\frac{1}{2}$ turn L Step L over R, Step R to R

7&8 Cross L over R, Step R to R, Cross L over R

9&10 Rock R to R, Recover to L, Step R beside L

11&12 Rock L to L, Recover to R, Step L beside R

13,14 Step R forward, $\frac{1}{2}$ turn L

15,16 Step R forward, $\frac{1}{2}$ turn L

(Repeat Count 1-16)